

PRE-PROFESSIONAL BUT UNDECIDED ON A MAJOR

FOCUS: OCCUPATIONAL THERAPY SCHOOL FIRST SEMESTER COURSE OPTIONS

Prior to registration, please use this guide to select the courses you would like to take. You should make two lists.

1. List of courses that would give you a schedule of at least 15 hours (usually 5 courses)
2. List of alternate courses in case any of the courses on your first list are unavailable.

Please check your ECU email account for information regarding academic advisor assignment. Advisor assignment happens after you pay your enrollment deposit. If you have not been contacted by an advisor a week after registering, email ppac@ecu.edu.

CHOOSE YOUR FALL COURSES: To graduate in four years, plan to register for a 15-16 semester hour schedule every fall and spring semester. To be full-time for tuition purposes register for at least 12 semester hours.

Step 1: Click [HERE](#) to open a step-by-step, screenshot tutorial on how to register for classes in Banner Self Service.

Note: Admission to Occupational Therapy school does not require a specific undergraduate major. As an undecided pre-OT student there are no specific courses required in your first semester. However, it is strongly recommended that you take a science course. Your goal should be to take a variety of general education courses and electives to begin exploring major options. OT programs are looking for students who are science-smart, but also have excellent people skills. Social sciences and humanities can help enhance your interpersonal skills.

Step 2: Register for 12-18 credit hours (15-16 is recommended). Some suggested options are listed below, but you are not limited to these. If courses are full continue to check for open seats through the first week of classes.

Course Subject	Course Title	Semester Hours
Science (choose one)	BIOL 1150 & 1151: <i>Principles of Biology, A Human Approach with Lab</i> <i>(Make sure lecture and lab sections correspond. Register for section 001 of both or 002 of both).</i>	3 & 1
	CHEM 1120: <i>Introduction to Chemistry for the Allied Health Sciences</i>	3
Anthropology (choose one)	ANTH 1000: <i>Introduction to Anthropology</i>	3
	ANTH 2200: <i>Cultural Anthropology</i>	
Philosophy (choose one)	PHIL 1175: <i>Introduction to Ethics</i>	3
	PHIL 1180: <i>Critical Thinking</i>	
	PHIL 2275: <i>Professional Ethics</i>	
English	ENGL 1100: <i>Foundations of College Writing</i>	3
Health	HLTH 1000: <i>Health in Modern Society</i> <i>OR RCTX 2200:</i> <i>Principles & Practices of Stress Management</i>	2-3
Psychology	PSYC 1000: <i>Introductory Psychology</i>	3
Sociology	SOCI 2110: <i>Introduction to Sociology</i>	3
Social Science	<i>Any General Education Social Science course</i>	3
Fine Arts	<i>Any General Education Fine Arts course</i>	
Humanities	<i>Any General Education Humanities course</i>	

Step 3: Add yourself to a wait list (if available) for any course you would like to take that is closed. To learn how wait lists work, click [HERE](#).

NEED HELP?

- **General Education Course Options:** Click [HERE](#)
- **Registration Errors Explained:** Click [HERE](#)
- **Don't see what you need? Contact Us:** Will you be bringing in AP/IB and/or early college/transfer credit from high school?
 - [AP/IB Placement Credit](#)
 - [Course Equivalency list](#)
 - [4-Year Major Guides](#)
- **Interested Occupational Therapy?** Visit: <https://ppac.ecu.edu> for more information.