## NUTRITION SCIENCE

## FIRST SEMESTER COURSE OPTIONS

Prior to registration, please use this guide to select the courses you would like to take. You should make two lists.

- 1. List of courses that would give you a schedule of at least 15 hours (usually 5 courses)
- 2. List of alternate courses in case any of the courses on your first list are unavailable.

Please check your ECU email account for information regarding academic advisor assignment. Advisor assignment happens after you pay your enrollment deposit. If you have not been contacted by an advisor a week after registering, email <a href="mailto:ppac@ecu.edu">ppac@ecu.edu</a>.

**CHOOSE YOUR FALL COURSES:** To graduate in four years, plan to register for a 15-16 semester hour schedule every fall and spring semester. To be full-time for tuition purposes register for at least 12 semester hours.

- Step 1: Click HERE to open a step-by-step, screenshot tutorial on how to register for classes.
- **Step 2: Register for PRIORITY course(s) in your major.** If courses are full please move on to Step 3 and continue to check for open seats in your priority course(s) through the first week of classes.

Course Subject	Course Title				
It is critical you register for these course(s) as soon as possible.  Nutrition NUTR 1300: Orientation to Nutrition & Dietetics Profession (If this is full, don't panic.					
Nutrition	NUTR 1300: Orientation to Nutrition & Dietetics Profession (If this is full, don't panic,				
	you can take it later and still be on track).				
Biology (choose one)	BIOL 1100 & 1101: Principles of Biology I with Lab		3 & 1		
	<b>BIOL 1150 &amp; 1151:</b> Principles of Biology: A Human Approach with Lab (Lecture and lab sections for this option must correspond. Register for section 001 of both, or 002 of both).				
Mathematics	MATH 1065: College Algebra (Minimum SAT or ACT Math score required. Click HERE for math placement information). If you are not eligible for Math 1065, register for Math 0045 if you are in-state or Math 0001 if you are out-of-state.				
	Good math skills are required to succeed in chemistry. Review the SAT Math and ACT Math scores below to determine how you should proceed in registering for CHEM 1150 & 1151.  SAT Math  • 570 – 590 = Must register for MATH 1065 first, then add CHEM 1150 and 1151 after math is on your schedule • 600 or higher = Able to register for CHEM 1150 and 1151				
Chemistry	-	CHEM 1150 & 1151 together, you must also register for them	3 & 1		
	together in Banner. To do this, identify the CRN (5 digit blue number) of your desired CHEM 1150 lecture and CHEM 1151 lab sections. Enter both CRNs in the bottom boxes on "Add or Drop Classes" screen in Banner Self-Service and click "Submit." Failure to follow these instructions will result in an error, and you will be unable to register for the classes.				

Step 3: In addition to your priority courses, (8-12 semester hours), select 3-8 semester hours from the course options below to reach a 15-16 hour schedule.

Course Subject	Course Title		
English	ENGL 1100: Foundations of College Writing		
Anthropology (choose one)	ANTH 1050: Global Understanding ANTH 2200: Cultural Anthropology		
Psychology	PSYC 1000: Introductory Psychology		
Sociology	SOCI 2110: Introduction to Sociology		
Health	HLTH 1000: Health in Modern Society		
	OR <b>RCTX 2200</b> : Principles & Practices of Stress Management		
Fine Arts	Any General Education Fine Arts course		3
Humanities	Any General Education Humanities course	Click <u>HERE</u> for list of General Education course options	3
		Ludeation course options	3

Step 4: Add yourself to a wait list (if available) for any course you would like to take that is closed. To learn how wait lists work, click <u>HERE</u>.

## **NEED HELP?**

- General Education Course Options: Click <u>HERE</u>
- Math Course Placement Information: Click HERE
- Registration Errors Explained: Click HERE
- **Don't see what you need? Contact Us:** E-mail us from your ECU account at: <a href="mailto:ppac@ecu.edu">ppac@ecu.edu</a>. Be sure to include your Banner ID and your specific questions.
- Will you be bringing in AP/IB and/or early college/transfer credit from high school?
  - o AP/IB Placement Credit
  - o Course Equivalency list
  - o 4-Year Major Guides
- Interested in a Pre-Professional Program (such as medical, dental, pharmacy, physician assistant, or physical therapy school, etc)? If so, visit: https://ppac.ecu.edu for more information.